

Barilla Red Lentil Spaghetti

Nutrition Facts

4.5 servings per container

Serving size 2 oz (56g)

Amount Per Serving

Calories **180**

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 34g **12%**

Dietary Fiber 6g **21%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 13g

Vitamin D 0mcg **0%**

Calcium 17mg **2%**

Iron 3mg **15%**

Potassium 518mg **10%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.